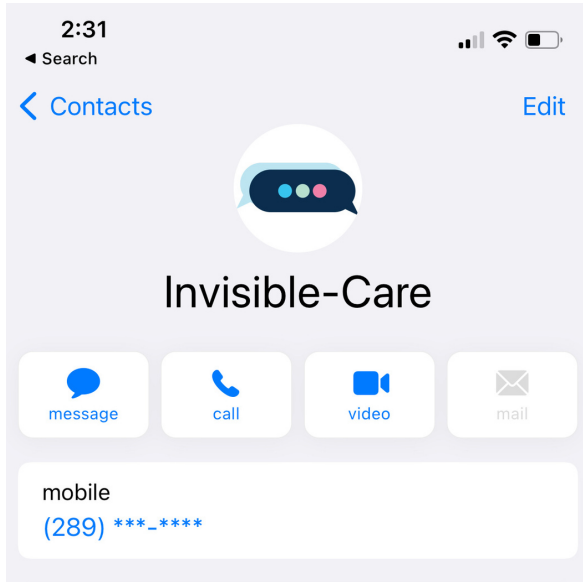




Using remote cueing and prompting to support daily routines

July 31, 2023



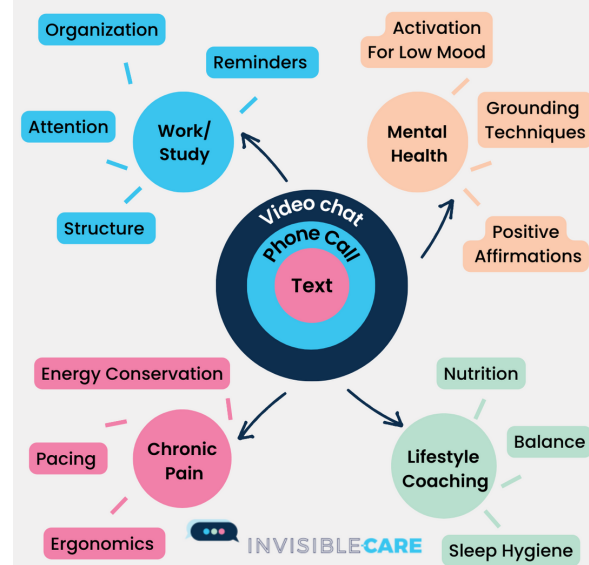
Remote cueing and prompting

Remote cueing and prompting is a method of providing support to individuals with brain injuries that involves the use of technology to deliver prompts and cues to the individual remotely. Support can be provided in various forms, such as verbal prompts, written prompts, or visual prompts. This can be especially helpful for individuals with brain injuries who may have difficulty remembering tasks or following through with routines. By providing reminders and guidance, remote cues and prompts can help simplify lives and improve well-being.

Simplify daily routines

Whether it's reminding individuals to take medication or to take a break, remote cues and prompts enable them to focus more fully on the task at hand and worry less about the next step.

By providing prompts and cues at the appropriate times, individuals with brain injuries may be more able to complete tasks and follow routines, leading to increased independence and self-sufficiency.



It Is Time To Take Your Medication



Please Text Back **OK** Once You Take Your Medication

Attention to health needs

Remote cues and prompts help individuals take preventive measures, manage chronic conditions or recuperate from injuries, by reminding them to take medication, rest, or take vital measurements. Remote cueing and prompting can provide a way for caregivers to provide support and supervision to individuals with brain injuries, even when they are not physically present. This can be especially helpful for caregivers who may not be able to be with the individual at all times due to work or other commitments.



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Mental health support

Remote cues and prompts offer a sense of control, confidence and self-empowerment to individuals with anxiety, cognitive impairments or a lack of access to verbal support. On-demand services allow individuals to access healthcare or support services from any location, at a time that is convenient for them. This can be especially helpful for people with stress, anxiety, or other mental health concerns. In addition to providing practical support, a remote support service can also provide emotional support to the individual, by offering a listening ear and providing encouragement and motivation.

Executive functioning

Indirect cuing and prompting can help to provide structure and routine in the daily lives of individuals with executive function challenges, which can be especially helpful for those who may have difficulty with planning or decision-making. Indirect cuing and prompting can also be used to help individuals with executive function challenges learn new skills or habits and provide a way to communicate their needs and preferences to caregivers, which can improve their quality of life.

1.  GIVE DOG WATER
2.  FEED FISH
3.  EAT BREAKFAST
4.  BRUSH TEETH
5.  ENJOY BREAK!

INVISIBLECARE



"Second brain"

A remote support service can act as a "second brain" for a person with a brain injury by providing assistance with tasks and responsibilities that the individual may have difficulty managing on their own due to their injury.

A remote support service can use technology such as text messages, phone calls, or app notifications to provide prompts and cues to the individual, reminding them of tasks and responsibilities and helping them to stay organized and on track.